



8 TIPS

for friending teens

with hearing loss

• READ MORE AT [SONGSFORSOUND.ORG](https://songsforsound.org)

talking...

- YOU DON'T HAVE TO USE BIG MOUTHS; IT'S KIND OF EMBARRASSING

playing/hanging...

- I CAN DO ANYTHING YOU CAN DO

big groups...

- REMEMBER THIS IS A LITTLE HARD FOR ME TO HEAR. JUST PULL ME ASIDE TO TELL ME SOMETHING OR TALK A LITTLE LOUDER (BUT REMEMBER, DON'T USE A BIG MOUTH LOL.)

sports..

- DISTANCE OR LOUD GYMS ARE HARD FOR ME. PLEASE KNOW MY LANGUAGE DELAY MAY MAKE IT A LITTLE HARD FOR ME TO "GET" YOU SOMETIMES. GIVE ME PATIENCE AND JUST KNOW I'M WORKING HARD AT THE SPORT WHILE I'M ALSO WORKING HARD AT LISTENING. I HAVE TO HEAR FIRST, THEN THINK ABOUT WHAT IS BEING SAID.

"are you deaf or something?"

- JUST THINK ABOUT IT FOR A SECOND. I'M NOT REALLY OFFENDED, BUT YOU CAN CHOOSE OTHER WAYS OF GETTING YOUR POINT ACROSS. IT'S A LITTLE EMBARRASSING SINCE I'M THE ONLY DEAF PERSON IN THE ROOM.

travel...

- WHEN I STAY WITH YOU, REMIND ME TO CHARGE MY BATTERIES BEFORE BED! LOL!

challenges...

- PUSH ME, BUT BE A LITTLE GENTLE. I HAVE SO MUCH MENTAL FATIGUE ALL DAY LONG. IMAGINE BEING IN A LOUD GYM ALL DAY AND LISTENING THROUGH IT. IT'S EXHAUSTING. THAT'S MY DAY EVERY DAY. VERY GRATEFUL TO HEAR, BUT I DON'T HAVE NORMAL HEARING. I WORK AT IT!

I appreciate you..

- I HAVE SO MANY GOOD FRIENDS! I KNOW I NEED A LITTLE TLC, SO PLEASE KNOW HOW MUCH I APPRECIATE YOU!